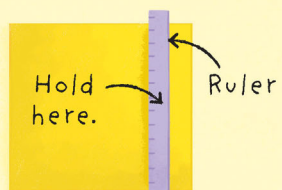




Make a rainbow mobile

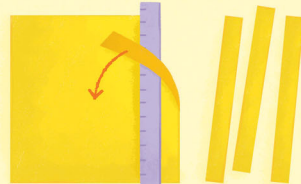
This is a lovely gift to brighten up someone's day.

Make a sun...



- 1 Hold a ruler down straight on yellow or orange paper.

Pull this way.



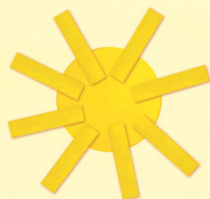
- 2 Tear four strips from the top.



- 3 Draw around a cup on the leftover paper...



- 4 ...and cut out the circle.



- 5 Tear your strips in half. Stick them around the edge of the circle.

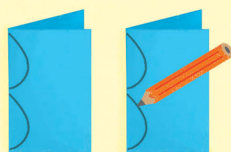


- 6 Draw on a face, then stick a string to the back.

...then raindrops...



- 1 Cut two squares of blue paper as wide as your hand.



- 2 Fold each square in half. Draw on curved shapes like this.



- 3 Cut them out and unfold. Stick them onto two strings.

...and a rainbow.



- 1 Draw around a plate on paper. Cut out the circle.



- 2 Fold it in half, then cut along the fold.



- 3 Draw a red stripe around the top edge of one piece.



- 4 Fill your rainbow with more stripes like this.



- 5 Cut out the white part from the middle, then stick a string to the back.



Tape your raindrop strings to the back of your rainbow.



Usborne Activities

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Bright suncatcher



- 1 Draw around a bowl on baking or tracing paper.



- 2 Tear tissue paper into small pieces.



- 3 Glue them down to fill the circle.



- 4 Leave it to dry, then cut out the circle.



- 5 Tear some longer strips of tissue paper.



- 6 Stick them around the edge of the circle.



- 7 Tape your sun to a window.



The sunlight will shine through.

Good morning,
sunshine!



Usborne Activities

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SATURDAY ACTIVITIES

Sunny day games

Here are some outdoor games to play when you're in a group. They're most fun on a warm summer's day, but you can play them any time of year.

Hide together

One person is given 30 seconds to hide. Everyone else starts looking for them. Anyone who finds them hides in the same place. The last one still searching loses the game and hides next time.

Set a boundary, such as a small area in a park, or this hiding game becomes too difficult.

Obstacle course

Create an obstacle course from objects you have at home. Complete the course, then time other people in your group to see who can finish it the fastest.

You could use:

- ☆ rope or string
- ☆ hoops
- ☆ buckets
- ☆ anything else you can find!
- ☆ balls
- ☆ sacks or sheets

Limbo under a rope.

Climb through hoops.

Jump onto a stump.

Hop to the finish line.

Throw a ball into a bucket before moving on.

Scavenger hunt

One person makes a list of things to spot. Everyone takes a copy of the list and tries to spot each item. The first person to find everything on the list is the winner.

Only spot things. Don't pick them up or take them away.

The list could include things such as:

A statue

A round leaf

A wild animal, such as a squirrel

A dog

A bird

A water plant

Scavenger hunts are a great activity all year round. The things you're searching for will change throughout the seasons.

Guard the castle

Decide on an area to be the 'castle'. One person is the guard and counts to 30 while everyone else goes to hide. The guard shouts 'Go'. The hiders have to try to sneak back to the castle without being caught by the guard.

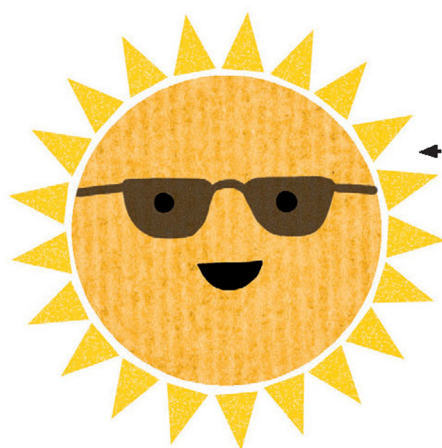
The game is over when everyone has made it back to the castle, or been caught. Then someone else becomes the guard.

GO!

The 'castle' could be a tree, fence, or anything you want it to be.

SUNSHINE

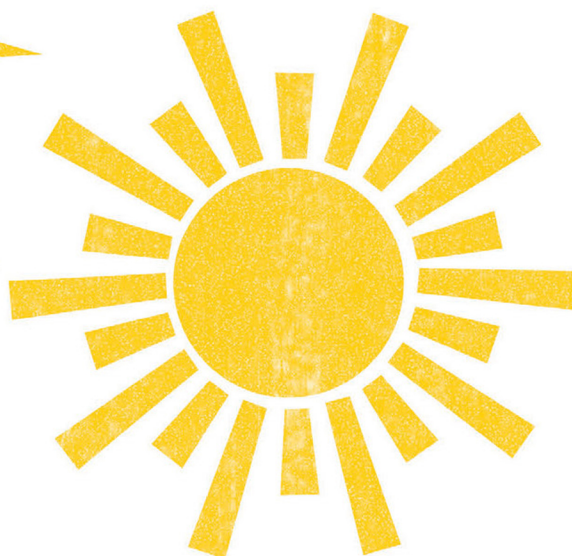
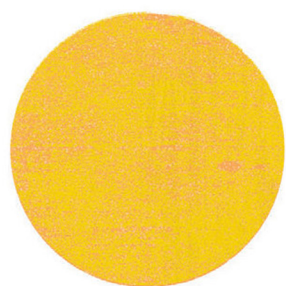
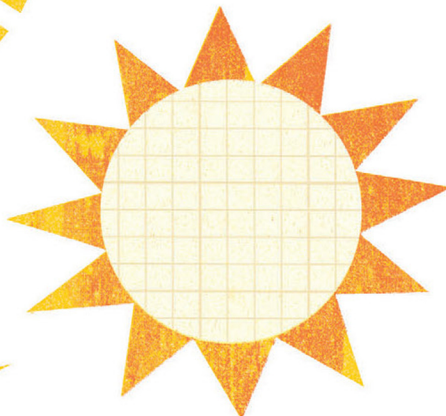
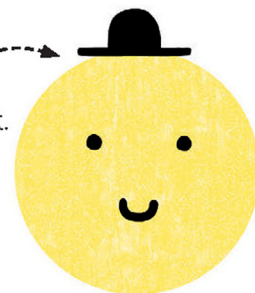
Doodle different faces on these suns.



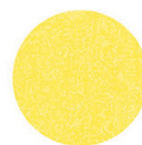
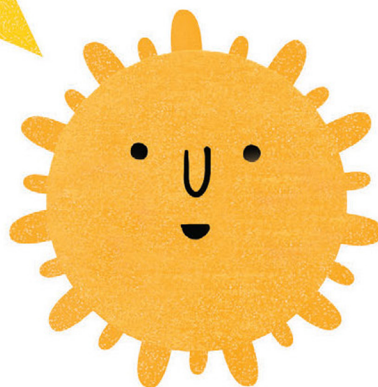
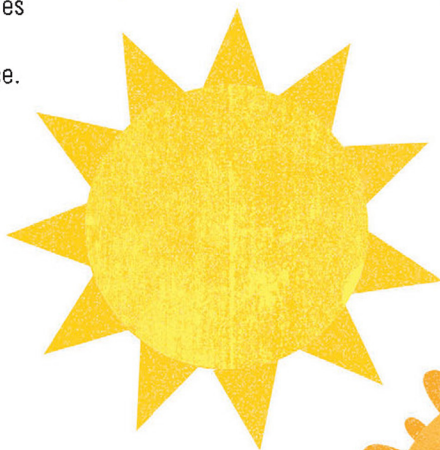
Add some
sunglasses.



Draw a hat.



Draw half circles
for eyes on a
very happy face.



LOOK FOR RAINBOWS

Rainbows are a rare delight, but if you follow these tips you can improve your chances of seeing them.

Rainbows appear in the sky when sunlight bounces off millions of tiny raindrops. So you'll find them when it's rainy and sunny at the same time.

You're more likely to see a rainbow early or late in the day, when the Sun is low in the sky.

Pay particular attention when attention breaks through clouds after a storm. Rainbows often form then.

You may notice 'rainbows' by waterfalls because they spray up tiny drops of water into the air.

MAKE A RAINBOW

If you have a garden hose, you can try to make your own rainbow on a sunny day. Stand with your back to the Sun. Then make a fine spray by adjusting the nozzle or pressing your thumb over the end of the tube.

UPSIDE-DOWN RAINBOWS

If sunlight passes through crystals of ice in thin, wispy clouds, it can make upside-down rainbows. Look out for them high up in the sky overhead.

They're called circumzenithal arcs.

WRITE YOUR OWN RAINBOW MNEMONIC

Mnemonics are things you say or do to help you remember things. You may know some already for remembering the sequence of stripes in a rainbow (see labels on the left).

One type of mnemonic uses the first letter of each word to make a man's name...

Roy G. Biv

Another technique turns the first letters into a sentence:

*Richard Of
York Gave
Battle In Vain.*

Can you think of any other sentences for this sequence of letters? The stranger they are, the more memorable they'll be.

*Rats, Obeying
Young Gerbils,
Bathed In Vinegar.*

PLAY A RAINBOW GAME

You could play this game on your own or in a group when you're walking down the street or looking out of a window on a journey.

- 1 The game begins when someone points out something that's red.
- 2 Next, try to spot something orange, then yellow, then green, then blue, then indigo and then violet.
- 3 Once you get to violet, go back to red and start again.

Read sign!

Traffic cone!